

# HOW TO PERFORM WUDHÛ صفة الوضوء

## Step 1: Make *Niyyah* (intention).

Intention is the basis of all actions. Before *Wudhû*, make the *Niyyah* that you are performing an act of worship by making *Wudhû* to please Allah ﷻ.

## Step 2: Say *Bismillâh* بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

("[I begin] with the name of Allâh, the most Gracious, the most Merciful.")



## Step 3: Wash your hands

Wash both hands properly 3 times, up to and including the wrists. Make sure you do not miss any part.



## Step 4: Rinse your mouth

Rinse and gargle your mouth thoroughly 3 times. Try to use a *miswâk* (toothstick) before rinsing your mouth as it is a *Sunnah* that multiplies the reward of *Salâh* by up to 70 times.



## Step 5: Clean your nose

Take some water with your right hand gently up into your nostrils, making sure it reaches into the nasal passage, and then clean it with the small finger of your left hand. Do this 3 times.



## Step 6: Wash your face

Thoroughly wash your entire face 3 times, covering from the top of your forehead to the bottom of your chin and from one earlobe to the other.



### Fresh *Wudhû* is needed after:

1. Natural discharge (urine, stool, gas, etc.)
2. Flow of blood or pus from any part of the body.
3. Vomiting a full mouthful.
4. Falling asleep or losing consciousness.

## Step 7: Wash your forearms

Start by putting some water into the palm of your right hand. Then raise your forearm, letting the water run down your arm up to and including the elbows. Do this 3 times. Each time, pass your other hand over your forearm to make sure it is completely wet and no part is missed. Then do the same with the left arm. After this, use your wet hands to wipe in between the fingers of the right hand and then the left.



## Step 8: Perform *Masah* of your head...

Wet your hands, then place the palms of your wet hands on your forehead (where the hairline begins), and drag your hands all the way back to your neck, and then back to the front.



## ... and of your ears

Using the same wet hands, place the index fingers inside the lobes of your ears, rub into the grooves and holes of both ears, and then wipe the back of your ears using your thumbs.

You may also pass the back of your wet hands over the back of your neck (not the front).



## Step 9: Wash your feet

Finally, wash both your feet 3 times, remembering to wash the ankles, heel, and between the toes. Wash your right foot first and then the left. Try to use your left hand to wash your feet.



## Step 10: *Du'â* after *Wudhû*

Once you have completed *Wudhû*, say the *Kalimah Shahâdah*:

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ  
وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

You should also say:

اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ

**Note:** Do not take this page into the bathroom/toilet area - it has Allâh's name on it.



## The Fundamentals of Wudhû

The fundamental, or obligatory acts of *Wudhû*, are four:

1. Washing the entire face once.
2. Washing the hands and arms from the fingertips up to and including the elbows once.
3. Wiping (*masah*) a quarter of the head. (Wiping the entire head is *Sunnah Mu'akkadah*.)
4. Washing the feet including the ankles, once.

### The Sunan of Wudhû

It is important to practice upon the following *sunan* so that the *Wudhû* is done perfectly and reward is attained:

1. Make an intention of *Wudhû* before beginning.
2. Recite *Bismillâh* before beginning.
3. Wash the hands to the wrists three times at the beginning.
4. Use the *miswâk* (toothstick) before rinsing the mouth. If one does not have one, then one should use the fingers.
5. Rinsing the mouth three times with water.
6. Cleaning the nose three times. (The mouth and nose should be rinsed/cleaned thoroughly as long as one is not fasting.)
7. Make *masah* of (i.e. to wipe) the entire head one time. One should begin from the front of the head.
8. To wipe (*masah*) the outer and inner parts of both ears.
9. To make *khilâl* of the beard if it is thick (passing wet fingers through the beard from the bottom (i.e. from beneath the chin).
10. To make *khilâl* of the fingers (passing the fingers of the left hand through the fingers of the right hand and thereafter passing the fingers of the right hand through the fingers of the left hand).
11. Washing the limbs three times each. *Masah* is done once.
12. Maintaining the sequence in washing such that the hands are first washed to the wrists; then the mouth is rinsed; then the nose is cleaned; then the face and the forearms to the elbows are washed; then the head followed by the ears are wiped; then the feet are washed to the ankles.
13. To begin with the right (hand/foot) before the left.
14. To wash in quick succession - so that the next body part is washed before the previous one has dried.
15. Rubbing the limbs while running water over them.

### The Mustahabbât (Recommended Actions) of Wudhû

1. Reciting the supplications that are narrated in the traditions of the Prophet ﷺ. So during the *Wudhû* reciting: "O Allah! Forgive my sins, make my house spacious for me and grant me blessings in my sustenance." And after completing the *Wudhû* reciting: "I testify that there is no deity besides Allah Ta'ala who is alone and has no partner and I testify that Muhammad ﷺ is his servant and messenger. O Allah, include me from amongst those who repent excessively and include me amongst those who are extremely pure."
2. Making *masah* of the back of the neck, but not the throat.
3. Not to take help from anyone unless one has an excuse.
4. Do not speak of worldly affairs while making *Wudhû* unless there is great need.
5. To sit for *Wudhû* at an elevated place so that the water does not splash onto one.
6. To sit facing the direction of the *Qiblah*.

### The Makrûhât (Disliked Actions) of Wudhû

1. Wasting water - using more than is necessary.
2. Using less water than is sufficient to properly wash the body parts.
3. To splash water forcefully onto the face.
4. To speak the normal speech of people (i.e. worldly affairs) during *Wudhû*.

## أركان الوضوء

أركان الوضوء أربعة وهي فرائضه:

- 1- غسل الوجه مرة
- 2- غسل اليدين من رؤوس الأصابع إلى المرفقين مرة
- 3- مس ربع الرأس (أما مس جميع الرأس فسنة مؤكدة)
- 4- غسل الرجلين من رؤوس الأصابع إلى الكعبين مرة

## سنن الوضوء

ينبغي العمل بالسنن الآتية ليكون الوضوء على وجه السنة والكمال:

- 1- النية - فينوي الوضوء قبل الشروع فيه
- 2- التسمية قبل الوضوء
- 3- غسل اليدين إلى الرسغين ثلاثا في ابتداء الوضوء
- 4- السواك- فيستاك في ابتداء الوضوء عند المضمضة، فإن لم يجد عودا فبالإصبع
- 5- المضمضة بمياه ثلاثة؛ والمطلوب غسل الفم كله ثلاثا
- 6- الاستنشاق ثلاثا
- 7- مس جميع الرأس مرة (ويبدأ المس بمقدم الرأس)
- 8- مس الأذنين معا ظاهرهما وباطنهما
- 9- تخليل اللحية (بتخليل يمينه بعد غسل الوجه)
- 10- تخليل الأصابع (في اليدين والرجلين)
- 11- التثليث- تكرار الغسل المستوعب ثلاثا، أما المس فمرة واحدة
- 12- الترتيب- فيغسل يديه إلى الرسغين ثم المضمضة مع السواك ثم الاستنشاق ثم الوجه ثم اليدين إلى المرفقين ثم يمس الرأس مع أذنيه ثم الرجلين إلى الكعبين
- 13- التيامن- فيغسل يده اليمنى ثم اليسرى، ورجله اليمنى ثم اليسرى
- 14- الولاة- أي التابع في الأفعال فيغسل العضو الثاني قبل جفاف الأول
- 15- ذلك الأعضاء عند الغسل (بإمرار اليد ونحوها على العضو)

## مستحبات الوضوء

- 1- قراءة الأذكار المأثورة. فيقول أثناء الوضوء: اللَّهُمَّ اغْفِرْ لِي ذَنْبِي، وَوَسِّعْ لِي فِي دَارِي وَبَارِكْ لِي فِي رِزْقِي. ويقول بعد الفراغ من الوضوء: أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ - اللَّهُمَّ اجْعَلْنِي مِنَ التَّوَّابِينَ وَاجْعَلْنِي مِنَ الْمُتَطَهِّرِينَ. وإن شاء زاد: سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ.
- 2- مس الرقبة دون الحلقوم لأن مس الحلقوم بدعة
- 3- أن لا يستعين بغيره في غسل أعضائه إلا لعذر
- 4- أن لا يتكلم بكلام الناس إلا لحاجة
- 5- أن يجلس للوضوء في مكان مرتفع لئلا يصيبه رشاش الماء المستعمل
- 6- أن يجلس مستقبلا نحو القبلة

## مكروهات الوضوء

تكره الأمور الآتية في الوضوء فينبغي أن يتجنبها المتوضئ:

- 1- الإسراف في الماء - وهو أن يستعمله زيادة عن المقدار الكافي
- 2- الإقتار في الماء - وهو أن يستعمله أقل من المقدار الكافي
- 3- أن يضرب الوجه بالماء
- 4- أن يتكلم بكلام الناس

